



**Opening Prayer - Presence of God:** Close your eyes and place yourself in the presence of God by acknowledging His presence. *"O God come to my assistance, O Lord make haste to help me. Glory be..."*  
*"I offer up this time of prayer for..."*

**Gratitude:** What are at least three blessings you have received in this day from God either directly from Him, or through His grace in circumstances and/or people? How has He made Himself known to you?

**Petition:** *"Lord give me wisdom to better see and understand your will and your ways that I might fully embrace them and more completely follow you."*

**Review:** *"How did I respond to your grace and work today Lord? What choices did I make each hour of the day regarding your work in and around me? How well did I fulfill your calling in my life as expressed in my plan of love (rule of life)?"*

**Forgiveness:** *"Forgive me for the times that I have failed you today either through sins or imperfections of omission or commission. Thank you for your forgiveness and your renewing love. Remove and heal the burdens and brokenness of my heart. Teach me to trust in you. Help me to say 'yes' to your work in my heart in every moment so that you can make of me the saint you desire me to be."*

**Renewal:** *"Lord, in light of your work in and around me today, and in light of my victories and struggles, reveal to me what you ask of me tomorrow. Teach me to live better in accord with your loving desire for me. Show me concrete ways I can improve - respond differently or act differently toward you, others and myself."*

**Closing Prayer - Gratitude:** *"Thank you Lord..."*

**Notes for Confession:**

